

## SILVER FIR TRAIL

### Requirements:

1. Comply with the Area 4 GENERAL REQUIREMENTS.
2. Each person must complete two conditioning hikes and two overnight backpacks prior to hiking the Silver Fir Trail.
3. It is required that units spend the first night (prior to leaving on the trail) at Camp Silver Fir to acclimatize and that they check in with the Campmaster at Silver Fir prior to leaving on the trail. Units must make advanced reservations for Camp Silver Fir through the Verdugo Hills Council.
4. Units must obtain wilderness and fire permits from the Forest Service.
5. Participants must spend a minimum of five (2) nights on the trail.
6. Each participant must complete a minimum of 10 backpacking hours during the trip.
7. Participants must complete a 1-hour conservation project cleared by the local Ranger or the Silver Fir Campmaster while on the Silver Fir trail, or at Camp Silver Fir.
8. It is required that units check in and make a written report of your trip to the Silver Fir Campmaster upon returning from the trail.
9. Units must pack out all trash and properly dispose of any trash generated at Camp Silver Fir
10. While on the trip/trail adhere to the seven (7) principles of the Leave No Trace outdoor ethics: 1- Plan Ahead and Prepare, 2- Travel and Camp on Durable Surfaces, 3 – Dispose of waste properly, 4 – Leave What You Find, 5 – Minimize Campfire Impacts, 6 – Respect Wildlife, 7 – Be Considerate of Other Visitors.

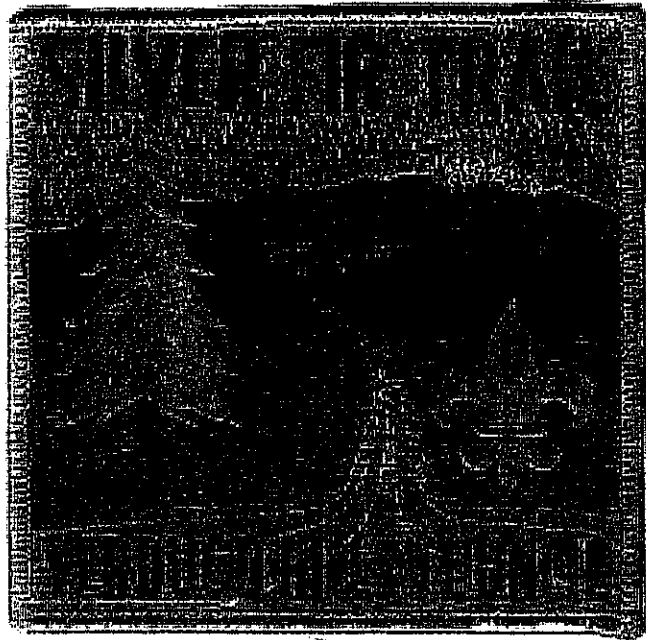


FIG. 6-2  
SILVER FIR TRAIL  
4" x 4"

## HIGH ADVENTURE FIRST AID

This award may be earned by any registered Scouter of the Boy Scouts or Girl Scouts and youth registered as Venturers of Senior Girl Scouts.

### Requirements:

1. Complete the Verdugo Hill's Council 60 hour High Adventure First Aid Course. This course includes the American Red Cross Emergency Response Course, plus additional theory and practical exercises to prepare the student to prevent and care for injuries and illnesses sustained in situations where access to medical care and/or evacuation may be hours or days away.
2. This patch must be ordered directly from the Verdugo Hills HAT Team. Each application must be authorized by the Verdugo Hills HAT Chairperson and at least one of the High Adventure First Aid Instructors.

FIG. 6.3  
HIGH ADVENTURE FIRST AID  
3" X 3"