

CHAPTER 5

High Adventure Awards of Southern Sierra Council

MOUNT WHITNEY TRAIL

Obtain a current copy of "Southern Sierra Council Award Trails". This brochure contains emergency procedures, hike profiles, hike descriptions, required topo maps, and other valuable information.

Requirements:

3-4 days, approximately 25 miles starting at Whitney Portal, going up the Mt. Whitney Trail past Mirror Lake to Trails Crest and out North to the summit of Mt. Whitney. Return same route or by Consultation Lake to Whitney Portal.

1. Meet and comply with all General Requirements.
2. Have completed a minimum of two weekend hikes prior to taking this trek.
3. At the top, take a photograph of the participants at the hut.
4. Outing Leader/Unit:
 - a. Submit an itinerary showing hike plan, roster, pack list and menu, to your Council's High Adventure Team for approval.
 - b. Fill in a trip report and affix photograph taken at the hut

Note: Because of trail limits, access from Cottonwood Lakes is an acceptable alternate starting point.



FIG. 5-1
MT. WHITNEY TRAIL
2½" x 2½"

MONARCH TRAIL

Requirements:

6-9 days, approximately 50 miles from Onion Valley west over Kearsarge Pass. Then South over Forester Pass, following the John Muir Trail to Trails Crest. (Mt. Whitney may be part of this trip also). Continue from Trail Crest to Whitney Portal. The route may be reversed, but is more strenuous.

1. Meet and comply with all General Requirements.
2. Outing Leader or another 21 year old adult going on trip must have completed the Basic Backpack Awareness Course.
3. Each participant, including adults, must complete a minimum of three (3) conditioning overnight backpacking trips, including one at or near the altitude of the proposed trip, within three months prior to departing on the trek.
4. Outing Leader/Unit submit an itinerary showing hike plan, roster, Pack list and menu, to your Council's High Adventure Team for approval.



FIG. 5-2
MONARCH TRAIL
2½" x 2½"